

# Gregory Inzinna, Psy.D. (he/him)

Licensed Clinical Psychologist (#025958)

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## CURRENT APPOINTMENTS

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**Parnes Clinic at Yeshiva University's Ferkauf Graduate School of Psychology, Bronx, NY**

Assistant Director

Clinical Assistant Professor

Fall 2023-Present

- Manages clinic that serves over 600 patients at a time with over 100 therapists
- Oversees supervisory relationships between students and community supervisors
- Ensures ethical and effective treatment of a diverse population by supervising graduate students, consulting, and reviewing charts
- Provides integrative CBT and Psychodynamic therapy
- Manages crisis and emergency situations, on call in evenings
- Writes proposals for research and treatment to serve underserved communities
- Organizes formation of NVLD sub-clinic

## EDUCATION

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2017-2022

**Long Island University (APA Accredited), Brookville, NY**

Master of Science (M.S.) in Applied Psychology, Conferred 2019

Doctor of Clinical Psychology (Psy.D.), Conferred 2022

*Dissertation:* Acceptability, Feasibility, and Effectiveness of a Web-based DBT-A Skills Training Course for Clinicians (Inzinna, Rathus, Miller, Ortiz)

2013-2017

**Manhattan College, Bronx, NY**

Bachelor of Arts (B.A.) in Psychology, *Magna Cum Laude, Phi Beta Kappa*

## SUPERVISED CLINICAL TRAINING

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**Parnes Clinic at Yeshiva University's Ferkauf Graduate School of Psychology, Bronx, NY**

Postdoctoral Fellow

Fall 2022-Fall 2023

- Provided integrative CBT and Psychodynamic therapy
- Managed crisis and emergency situations
- Wrote proposals for research and treatment to serve underserved communities

**Southwest Behavioral & Health Services (APA Accredited), Phoenix, AZ**  
Doctoral Psychology Intern  
Fall 2021-Fall 2022

- Provided individual and family therapy in a high school setting
- Facilitated psychotherapy groups
- Conducted Child and Family Team (CFT) meetings
- Provided crisis intervention
- Facilitated didactics and provided supervision for practicum students
- Participated in IEP and 504 meetings with school faculty and parents

**NYC Health + Hospitals/Coney Island, Brooklyn, NY**  
Psychology Extern  
Fall 2020-Summer 2021

- Served adults, children, families, and couples in community mental health setting
- Provided CBT, Acceptance and Commitment Therapy (ACT), and psychodynamic therapy to individuals from underserved populations in an inpatient and intensive outpatient setting
- Worked on Assertive Community Treatment (ACT) team, making home visits, working with family members, and consulting with multidisciplinary team
- Conducted crisis interventions, risk assessments, diagnostic evaluations, and intakes
- Co-facilitated group therapy on inpatient units
- Conducted neuropsychological assessment for children, adolescents, and adults
- Supervised clinicians conducting neuropsychological assessments

**The Quad Preparatory School, New York, NY**  
Psychology Extern  
Fall 2019-Spring 2020

- Provided individual, group, and milieu therapy with a multi-system approach to Twice Exceptional (2e) students, intellectually gifted children with diverse mental health challenges, such as autism spectrum disorder, oppositional defiant disorder, attention-deficit/hyperactivity disorder, family trauma history, mood and anxiety disorders, and executive functioning deficits
- Provided executive functioning support and coaching
- Facilitated a student-run group called the Sexuality and Gender Alliance (SAGA), which aimed to provide a safe space for the expression of sexual and gender identity
- Participated in IEP meetings with Department of Education
- Presented didactic seminars about mindfulness and interpersonal effectiveness

**Long Island University Psychological Services Center**, Brookville, NY  
Psychology Extern  
Fall 2018-Summer 2019

- Provided psychodynamic therapy, CBT, Acceptance and Commitment Therapy (ACT), Behavioral Parent Training (BPT), Cognitive Processing Therapy (CPT), and family systems psychotherapy to a child, adolescent, and adult outpatient population in a community mental health setting with videotaped supervision
- Conducted neuropsychological assessments and wrote integrated reports with comprehensive feedback sessions

**Pride Healing Center**, Brookville, NY  
Graduate Student Therapist  
Fall 2018-Summer 2019

- Provided LGBTQ-sensitive psychotherapy to clients and their families
- Attended weekly consultation meetings and didactics focused on developing clinical competence with and cultural awareness of LGBTQ-related issues

**J.M. Ladge Speech and Hearing Center**, Brookville, NY  
Graduate Student Therapist  
Fall 2018-Spring 2019

- Co-facilitated group therapy for individuals living with various types of aphasia, support groups for caregivers of individuals living with aphasia, and support groups for caregivers of individuals living with dementia
- Provided consultation for speech-language pathology students and faculty

## **RESEARCH EXPERIENCE**

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**Jill Rathus' Dialectical Behavior Therapy (DBT) Lab**, Long Island University  
Research Assistant  
Fall 2017-Fall 2022

- Headed research projects related to a variety of DBT topics including suicidal ideation, emotion regulation, mindfulness, risk assessment, and treatment fidelity
- Explored cultural aspects of DBT components
  - Participated in virtual DBT training in China and explored cross-cultural implications of psychological constructs, such as validation.
- Co-facilitated workshops about publishing manuscripts about DBT assessments, such as the Life Problems Inventory (LPI; Rathus, Wagner & Miller, 2015)

**Cognitive Behavioral Therapy for Psychosis Research Team**, Long Island University  
Coder  
Spring 2018-Spring 2019

- Obtained working understanding of the components of CBTp through independent research, consultation with colleagues, and careful reading of participants' narratives
- Received extensive training in qualitative research coding methodology

**Trauma Research and Response Team**, Brookville, NY  
Member  
Fall 2017-Spring 2018

- Participated in planning responses and psychoeducational outreach initiatives for populations impacted by trauma
- Collaborated on research ideas regarding police brutality toward those suffering from mental illness
- Provided free on-site counseling services to underserved populations in schools and community organizations following natural disasters and traumatic events
- Supported 9/11 survivors and service members by providing free therapeutic services and holding memorial ceremonies

**Developmental/Behavioral Psychology Research Team**, Manhattan College  
Research Assistant  
Fall 2016-Spring 2017

- Researched components of narrative identity such as episodic and semantic memory as they relate to psychological functioning
- Studied autobiographical narratives and meaning making processes in social cognition and identity development during late adolescence and emerging adulthood with a particular emphasis on familial contexts
- Developed research protocol and coding scheme

**Cognitive Psychology Research Team**, Manhattan College  
Research Assistant  
Fall 2015-Spring 2016

- Researched image statistics and perceived aesthetics of geometric shapes
- Managed Behavioral Research Lab
- Constructed cohesive protocols and procedures for experiment design, implementation, and analysis

## WORK EXPERIENCE

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### **Long Island University**, Brookville, NY

Adjunct Professor

Fall 2020

- Taught introductory level courses to college freshmen
  - Included topics such as information literacy, culture/diversity, socialization, mental health, physical health, and time management/organization

### **The Children's Academy**, Brooklyn, NY

Swim Instructor

Winter 2019-Summer 2020

- Provided swim lessons to children ages 2-14 in individual and group formats
- Taught advanced swim mechanics to children on swim teams
- Specialized in working with children who have trouble controlling body movements and experience difficulty regulating emotions

### **Sylvan Learning**, White Plains, NY

Program Coordinator and Teacher

Fall 2017-Fall 2019

- Collaborated with teachers, parents, and school administrators to provide education and support for children
- Assessed high school students' strengths and weaknesses in verbal, reading, and writing skills related to material on the SAT and ACT
- Taught Science, Technology, Engineering, and Math (STEM) skills to children and adolescents attending public and private schools

### **Bayberry Pool and Tennis Club**, New Rochelle, NY

Pool Director

Spring 2016-Fall 2018

- Provided 8-week swim program for children ages 2-14
- Hired/Managed full-time lifeguard staff
- Provided regular in-service trainings
- Managed budget and payroll for equipment, chemicals, employees, and large events

### **Bayberry Pool and Tennis Club**, New Rochelle, NY

Head Swim Coach

Spring 2017-Fall 2018

- Coached competitive swim team
- Taught advanced stroke refinement, breathing skills, and physical fitness
- Managed team of coaches

## PUBLICATIONS

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**Inzinna, G.** (2020). *Anura*. Brookville, NY: The Participant Observer.

**Inzinna, G.** (2018). *Listening to the Past: What Mac Miller's Rap Can Teach Us about Validation and Ourselves*. Brookville, NY: The Participant Observer.

**Inzinna, G., Jayawickreme, N., Adams, M.** (2016). *Merging Disciplines and Deconstructing the Self: The Effects of Psychosis on Identity*. Bronx, NY: Manhattan College Library Archives.

## PRESENTATIONS

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**Inzinna, G.** (February, 2020). *Introduction to Mindfulness*. Didactic presentation at The Quad Preparatory School, New York, NY.

Richardson, J., Rathus, J., Curcio, D., **Inzinna, G.**, Bromberg, L., Iwanciw, S., Lee, J., & Vidair, H. (November, 2019). *Clinicians' Experiences Implementing CBT for Psychosis*. Poster presented at Association for Behavioral and Cognitive Therapies Convention, Atlanta, GA.

Littman, S., Curcio, D., **Inzinna, G.**, Bromberg, L., Wenick, Y., Byrnes, J., Miller, A., & Rathus, J. (November, 2018). *Development of the Teen-Family Conflict Scale*. Paper presented at Association for Behavioral and Cognitive Therapies Convention, Washington, D.C.

**Inzinna, G.** & Wenick, Y. (October, 2018). *Reducing Interpersonal Conflict in a Middle School Setting*. Workshop conducted at Roosevelt Children's Academy, Roosevelt, NY.

Demaria, T., **Inzinna, G.**, & Strano, S. (November, 2017). *School Support of the Grieving Child*. Presented in collaboration with the National Center for School Crisis & Bereavement Coalition to Support Grieving Students at the Annual Conference for Middle Level Education, Philadelphia, PA.

**Inzinna, G., Jayawickreme, N., Adams, M.** (May, 2017). *Merging Disciplines and Deconstructing the Self: The Effects of Psychosis on Identity*. Paper presented at the Society for Qualitative Research in Psychology Conference at Fordham University Lincoln Center, New York, NY.

**Inzinna, G., & Young, D.** (April, 2017). *The Effects of Videotaped Contact on Stigmatic Attitudes toward Schizophrenia*. Poster presented at the Hunter College Psychology Convention, New York, NY.

**Inzinna, G.** (September, 2016). *Merging Disciplines and Deconstructing the Self: The Effects of Psychosis on Identity*. Poster presented at Summer Research Scholars Presentation Day at Manhattan College, Bronx, NY.

**Inzinna, G., & Friedenber, J.** (April, 2016). *Perceived Beauty Of Elongated Shape: Is There A Limit to Contour Complexity?* Poster Presented at Eastern Psychological Association Conference, New York, NY.

## **CERTIFICATIONS AND TRAININGS**

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| 2021         | Dialectical Behavior Therapy with Adolescents and Caregivers (6 sessions)                    |
| 2020         | Care for Yourself & Cultivate Your Clinical Skills: DBT Skills for the Pandemic (4 sessions) |
| 2018         | Mini-International Neuropsychiatric Interview (Training—8 hours)                             |
| 2018         | Cognitive Processing Therapy (CPT) (Training—8 hours)  |
| 2018         | Motivational Interviewing (Training—8 hours)   |
| 2018         | Behavioral Parent Training (Course—6 Continuing Education Credits)                           |
| 2017-2018    | American Red Cross Certified in Responding to Emergencies (RTE)                              |
| 2017         | InterviewRight Certified to conduct effective, ethical, and legal interviews                 |
| 2016-Present | National Institutes of Health (NIH) certified in “Protecting Human Research Participants”    |

## **PROFESSIONAL AFFILIATIONS**

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| 2023-Present | Member of the Manhattan Psychological Association                                 |
| 2023-Present | Member of the Westchester County Psychological Association                        |
| 2023-Present | Member of the New York State Psychological Association                            |
| 2023-Present | Member of the American Psychological Association                                  |
| 2018-2021    | Member of Association for Contextual Behavioral Science (ACBS)                    |
| 2018-Present | Member of Association for Behavioral and Cognitive Therapies (ABCT)               |
| 2017-Present | Member of The Phi Beta Kappa Society  |
| 2016-Present | Member of Psi Chi, The International Honor Society in Psychology                  |
| 2016-Present | Member of Epsilon Sigma Pi, Highest Scholastic Honor Society at Manhattan College |
| 2015-2017    | Member of Eastern Psychological Association (EPA)                                 |